

January Menu TJS 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1 NO School	2 NO SCHOOL	3 NO SCHOOL	4 NO SCHOOL	5 NO SCHOOL
8 Bagel, Grape Smoothie, & Peaches Lunch: Chicken Patty Sandwich, Chef's Blend Veggies, Fruit Cocktail	9 Pancakes, Turkey Sausage, pears, Juice Mashed Potatoes w/Gravy, Meatballs, Roll, Applesauce	10 Scone, Apple/Orange Smoothie, & Pineapple Lunch: Taco on W/G Tortilla, Black Beans, Corn, Mandarin Oranges	11 Turkey Sausage, Biscuit, Banana &, Juice Lunch: Orange Chicken, Cilantro Lime Rice, Broccoli, Apple Slices	12 Parfait, granola & Gold fish Cracker. & Juice Lasagna Roll, Garlic Toast, Brussel Sprouts, Fruit
15 No School	16 Pancakes, Turkey Sausage, Applesauce, Juice Lunch: Fish Sticks, Green beans, Pears	17 Muffin, Raspberry Peach Smoothie, & Mandarin Oranges Lunch: Hamburgers on W/G Bun, Sweet Potato fries, Pineapple	18 French Toast, Turkey Bacon, Fresh Fruit & juice Lunch: Pasta Pizza Hotdish, Carrots/Peas, Orange Slices	19 Breakfast Pizza, Hashbrown, Mixed Fruit & Juice Lunch: Corn Dog, Broccoli & Cauliflower Salad, Mixed Fruit
22 Cinnamon Roll, Pear & Orange Smoothie, & Peaches Lunch: Baked Chicken, Red Beans, Rice, Greens, Fruit Cocktail	23 Pancakes, Turkey Sausage, pears, Juice Lunch: Grilled Cheese Sandwich, Chicken Noodle Soup, Applesauce	24 Chocolate Chip Muffin Pineapples, & Strawberry & Banana Smoothie Lunch: Tater Tot, W/G Roll, Mandarin Oranges	25 Biscuit (WD), Pineapple ½ cup Lunch: Pizza (DWS) 1 slice, ¼ cup Peas, & Mango ¼ cup Snack: Veggies 4 oz and Cheese sTick (D) 1 oz	26 No School
29 Cereal, Mango Pineapple Smoothie, & Fruit Cocktail Lunch: Chicken BBQ Wrap, Sweet Potato Tot, Peaches	30 Pancakes, Turkey link, Plum, Juice Lunch: Mac & Cheese, Peas, Pears	31 Scone, Mandarin Oranges, Smoothie Lunch: Burrito Bowl, Navy beans, Corn, wg Spanish Rice, Pineapples	1 French Toast, Turkey Bacon, Fresh Fruit, Juice Lunch: Turkey w gravy, Mashed Potatoes, wg roll, sliced oranges	2 WG Breakfast Burrito, Hash brown, Fruit, Juice Shredded Beef, Broccoli/Cauliflower Salad, Mixed Fruit

Milk is offered for Breakfast and Lunch Daily (1% or Chocolate)

Salad Bar Daily

If you have any questions or concerns about the menu, please contact Shannon (shannong@thejourneyschool.org)

“This Institution is an Equal Opportunity Provider”