



The Journey School SEPTEMBER MENU 2024



Monday	Tuesday	Wednesday	Thursday	Friday
2 No School- Labor Day	3 Muffin, String Cheese, Fruit, & Juice Lunch: Taco in a bag, (meat, cheese, lettuce, tomatoes, olives) Peaches	4 Cereal, Banana, Strawberry Smoothie Lunch: Sliced Turkey on W/G Bun, Sliced Cheese, Sliced Tomatoes, Mandarin Oranges, Cucumbers MN	5 French Toast Strawberries/grapes & Juice Lunch: Chicken Nuggets, Bahama Veggie Blend MN, Watermelon	6 Breakfast Pizza, Hashbrown, Mixed Fruit & Juice Lunch: Hot Dog w/g bun, Baked beans, Oranges
9 Bagel, Fruit Smoothie, Peaches Lunch: Chicken Patty Sandwich, Chef's Blend Veggies MN, Fruit Cocktail	10 Pancakes, Turkey Sausage, pears, Juice Mashed Potatoes MN w/Gravy, Meatballs, W/G Roll, Applesauce	11 Scone, Smoothie, Pineapple Lunch: Taco on W/G Tortilla, Corn, Mandarin Oranges	12 Turkey Sausage, Biscuit, Banana & Juice Lunch: Sweet & Sour Chicken, Cilantro Lime Rice, Broccoli MN, Mixed Fruit	13 Egg MN, Burrito, Hashbrown, Mixed Fruit & Juice Lunch: Turkey Pinwheel, Sunchips, Peppers MN, Mixed Fruit
16 Fruit Smoothie, Nutri grain bar, fruit cocktail Lunch: Chicken Fajita (onions & peppers MN), W/G Tortilla, Corn, Peaches	17 Pancakes, Turkey Sausage, Applesauce, Juice Lunch: Fish Sticks, Green beans MN, Pears	18 Muffin, Pear & blueberry Smoothie, Mandarin Oranges Lunch: Hamburgers on W/G Bun, Chef's Blend Veggies MN, Pineapple	19 French Toast, Turkey Bacon, Strawberries/grapes & juice Lunch: Pasta Pizza Hot dish, w/g roll, Carrots/Peas, Orange Slices	20 English Muffin, Egg Patty, Mandarin Orange, Juice Lunch: Corn Dog, French Fries, Mixed Fruit
23 Cereal, Blueberry Smoothie, Peaches Lunch: Baked Chicken, Mashed Potatoes MN w/Gravy, W/G Roll, Fruit Cocktail	24 Pancakes, Turkey Sausage, pears, Juice Lunch: ½ Grilled Cheese Sandwich, 1 Chicken Noodle Soup, Applesauce	25 Muffin, Pineapples, String Cheese & Juice Lunch: Tater Tot Hot dish, W/G Roll, Mandarin Oranges	26 Turkey Sausage, Biscuit, Fresh Fruit & Juice Lunch: Pizza, Green Beans MN, Watermelon	27 Muffin, Parfait, Banana & Juice Lunch: Taco in a bag w/g chips, (meat, cheese, MN lettuce, MN tomatoes, olives) Strawberries MN GROWN

Milk is offered for Breakfast and Lunch Daily (1% White or 1 % Chocolate)

Salad Bar Daily --- Pork Free Menu ---- Whole Grain Items -- (This Month We have lots of MNGROWN Veggies & fruits)

If you have any questions or concerns about the menu, please contact Shannon (shannong@thejourneyschool.org)

“This Institution is an Equal Opportunity Provider”