

# TJS SEPTEMBER MENU 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1 No School- Labor Day</b> 	<b>2 Pancakes, Turkey Sausage, pears, &amp; Juice</b>  Lunch: Chicken Tenders, Cooked Carrots, Applesauce	<b>3 Muffin, Smoothie Pear/ Raspberry, &amp; Pineapple</b>  Lunch: Hamburgers on W/G Bun, Sweet Potato Tots, Mandarin Oranges	<b>4 Chicken Sausage, Biscuit, Banana &amp;, Juice</b>  Lunch: Spaghetti w/ ground turkey, Peas, Oranges	<b>5 Egg Burrito, Hashbrown, Mixed Fruit &amp;, Juice</b>  Lunch: Sliders, Broccoli/ Cauliflower Salad, Mixed Fruit
<b>8 Breakfast Bar, Fruit Cocktail &amp; Strawberry Mango Smoothie</b>  Lunch: Chicken Nuggets, Bahama Veggie Blend, Peaches	<b>9 Pancakes, Turkey Sausage, Applesauce, Juice</b>  Lunch: Lo Mein, Blended Veggies, Pears	<b>10 Muffin, Pineapple Smoothie, Mandarin Oranges, &amp; Juice</b>  Lunch: Sloppy Joes, w/g bun, Roasted Potatoes, Pineapples	<b>11 French Toast, Turkey Bacon Strawberries/grapes &amp; Juice</b>  Lunch: Ranch Chicken Wrap, Fresh Green Beans, Watermelon	<b>12 English Muffin, Egg Patty, and Pineapples, Juice</b>  Lunch: Hot Dog w/g bun, Baked beans, Oranges
<b>15 Bagel, Blueberry Smoothie, Peaches</b>  Lunch: Chicken Patty Sandwich, Chef's Blend Veggies, Fruit Cocktail	<b>16 Pancakes, Turkey Sausage, pears, Juice</b>  Mashed Potatoes w/Gravy, Meatballs, W/G Roll, Applesauce	<b>17 Scone, Oranges /Pear Smoothie, Pineapple &amp; Juice</b>  Lunch: Taco on W/G Tortilla, Corn, Mandarin Oranges	<b>18 Turkey Sausage, Biscuit, Banana &amp; Juice</b>  Lunch: Zesty Orange Chicken, Cilantro Lime Rice, Broccoli, Apple Slices	<b>19 Breakfast Pizza, Hashbrown, Mixed Fruit &amp;, Juice</b>  Lunch: Turkey Pinwheel, Sunchips, Peppers, Mixed Fruit
<b>22 Peach &amp; Raspberry Smoothie, Nutri grain bar, fruit cocktail</b>  Lunch: Chicken Fajita (onions & peppers), W/G Tortilla, Corn, Peaches	<b>23 Pancakes, Turkey Sausage, Applesauce, Juice</b>  Lunch: Fish Sticks, Green beans, Pears	<b>24 Muffin, Hard Boiled Egg Mandarin Oranges &amp; Juice</b>  Lunch: Hamburgers on W/G Bun, Chef's Blend Veggies, Pineapple	<b>25 French Toast, Turkey Bacon, Strawberries/grapes &amp; juice</b>  Lunch: Pasta Pizza Hot dish, w/g roll, Carrots/Peas, Orange Slices	<b>26 Parfait, Granola Bar &amp; Juice</b>  Lunch: Walking Taco, (Meat, Cheese, Lettuce, Tomatoes, Olives, Onions), Watermelon
<b>29 Cereal, Blueberry Smoothie, Peaches</b>  Lunch: Baked Chicken, Mashed Potatoes w/Gravy, W/G Roll, Fruit Cocktail	<b>30 Pancakes, Turkey Sausage, pears, Juice</b>  Lunch: ½ Grilled Cheese Sandwich, 1 cup Chicken Noodle Soup, Applesauce	<b>1 Muffin, Pear/Raspberry Smoothie, Pineapple</b>  Lunch: Tater Tot Hot dish, W/G Roll, Mandarin Oranges	<b>2 Turkey Sausage, Egg, Biscuit, Fresh Fruit &amp;, Juice</b>  Lunch: Pizza, Green Beans, Watermelon	<b>3 Egg Burrito, Hashbrown, Mixed Fruit &amp;, Juice</b>  Lunch: Corn Dog, French Fries, Mixed Fruit

Milk is offered for Breakfast and Lunch Daily (1% White or Chocolate) Salad Bar Daily  
 If you have any questions or concerns about the menu, please contact Shannon ([shannong@thejourneyschool.org](mailto:shannong@thejourneyschool.org))  
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