

October 2025 Menu TJS

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Muffin, Pear/Raspberry Smoothie, Pineapple Lunch: Tater Tot Hot dish, W/G Roll, Mandarin Oranges	2 Turkey Sausage, Biscuit, Banana &, Juice Lunch: Pizza, Green Beans, Watermelon	3 Egg Burrito, Hashbrown, Mixed Fruit &, Juice Lunch: Corn Dog, French Fries, Mixed Fruit
6 Orange Smoothie, Poptart, Fruit Cocktail Lunch: Chicken BBQ Wrap, Sweet Potato Tot, Peaches	7 Pancakes, Turkey link, Plum, Juice Lunch: Mac& Cheese, Peas, Pears	8 Muffin Chocolate Chip, Strawberry Smoothie, Mandarin Oranges Lunch: Burrito Bowl, Black Beans, Corn, Spanish Rice, Pineapples	9 French Toast, Turkey Bacon, Fresh Fruit, Juice Lunch: Meatball Sub, Chef's Blend, Apple Slices	10 Breakfast pizza, Hash brown, Pineapples & Juice Lunch: Pulled Beef Sandwich, Coleslaw, Mixed Fruit
13 Bagel, Peaches, & Strawberry Banana Smoothie Lunch: Chicken Alfredo, Blend Capri, Fruit Cocktail	14 Pancakes, Turkey link, pears, Juice Lunch: Potato Bar w/ toppings, Chili, Corn Bread, Applesauce	15 Scone, Pineapple, Raspberry peach Smoothie Lunch: Dunkers, Meat Sauce, Green beans, Mandarin Oranges	16 NO SCHOOL	17 NO SCHOOL
20 Cereal, Pineapple Mango Smoothie, & Fruit Cocktail Lunch: Chicken Nuggets, Bahama Veggie Blend, Peaches	21 Pancakes, Turkey link, Apple Sauce, Juice Lunch: Chicken Lo Mein, Blended Veggies, Pears	22 Pumpkin Muffin, Wild Blueberry Smoothie, Mandarin Oranges Lunch: Sloppy Joes, w/g bun, Roasted Potatoes, Pineapple	23 French Toast, Turkey Bacon, Fresh Fruit, Juice Lunch: Turkey, Mashed Potatoes, Gravy, Yellow Beans, Orange Slices	24 Egg, English Muffin, Hash brown, Mixed Fruit &, Juice Lunch: Sliders, Broccoli/Cauliflower Salad, Mixed Fruit
27 Breakfast Bar, Peaches & Strawberry Mango Smoothie Lunch: Chicken Patty Sandwich, Chef's Blend Veggies, Fruit Cocktail	28 Pancakes, Turkey Link, pears, Juice Garlic Crispy Potato Wedges, Meatballs w gravy, W/G Roll, Applesauce	29 Scone, String Cheese, Pineapple Lunch: Taco on W/G Tortilla, Festive Corn, Mandarin Oranges	30 Chicken Sausage, Biscuit, Banana &, Juice Lunch: Zesty Orange Chicken, Cilantro Lime Rice, Broccoli, Strawberries	31 Mandarin Pumpkin, Franken Cereal, Grape Ghoulish Smoothie Lunch: Mummy Hot Dog, Fresh Carrot/Zucchini Fingers, Eye Ball Grapes

Milk is offered for Breakfast and Lunch Daily (1% White or 1% Chocolate)

Salad Bar Daily @ Lunch – Pork Free – Whole Grain Items

If you have any questions or concerns about the menu, please contact Shannon (shannong@thejourneyschool.org)

"This Institution is an Equal Opportunity Provider"