

TJS February Menu 2026

2 WG Bagel, Strawberry Mango Smoothies, Peaches Lunch: WG Chicken Alfredo, Blend Capri, Fruit Cocktail	3 Pancakes WG, Turkey Sausage, pears, Juice Lunch: Potato Bar w/ toppings, Chili, Corn Bread, Applesauce	4 Chocolate Chip Muffin WG, Orange Pineapple Smoothie, Pineapple Lunch: Swedish Meatballs, WG Pasta, Roasted Beets, Mandarin Oranges	5 Turkey Sausage, Biscuit WG, Banana &, Juice Lunch: WG Chicken & Cheese Quesadilla, Peas & Carrots, Mango	6 English Muffin WG, Egg, fruit & Juice Lunch: Sliders, Veggie-Pasta Salad, pickles, Fruit
9 Cereal WG, Grape Smoothie, Fruit Cocktail Lunch: WG National Pizza Day , Carrots, Cuties- Oranges	10 Pancakes WG, Turkey Link, Applesauce, Juice Lunch: Sloppy Joes, w/g bun, Roasted Potatoes, Pears	11 Muffin WG, Raspberry Peach Smoothie, Mandarin Oranges Lunch: WG Chicken Lo Mein, Blended Veggies, Pineapple	12 French Toast, Turkey Bacon, Mango & juice Lunch: WG Dunkers, Meat sauce, Green Beans, Oranges	13 Breakfast Pizza WG, Hash brown, Fruit, Juice Lunch: WG Chicken Nuggets, Cooked Carrots, Peaches
CRAZY HAT AND SOCK DAY	DECADE DAY	TWIN DAY	PJ DAY	TEAM/SPORT DAY
16 No School	17 Pancakes WG, Turkey Sausage, pears, Juice Mashed Potatoes w/Gravy, Meatballs, WG Roll, Applesauce	18 Scone, Pear/Orange Smoothie, Pineapple Lunch: Taco on W/G Tortilla, Black Beans, Corn, Mandarin Oranges	19 Turkey Sausage WG, Biscuit, Banana &, Juice Lunch: Orange Chicken, Cilantro Lime w/ Rice, Broccoli, Mixed Apple Slices	20 Parfait, granola WG & Gold fish Cracker WG. & Juice Lunch: Crispy Ranch Chicken Wrap, String cheese, Cucumbers & Carrots, Fruit
23 Warm Cinnamon Roll, Wild Berry Smoothie, Fruit Cocktail Lunch: Chicken Fajita, Onions Peppers, w/g tortilla, Black beans, Peaches	24 WG Pancakes, Turkey Link, Applesauce, Juice Lunch: Fish sticks, Green beans, Pears	25 Scone, Pear & Orange Smoothie, & Pineapple Lunch: Hamburgers on W/G Bun, Sweet Potato fries, Mango	26 French Toast, Turkey Bacon, banana & juice Lunch: $\frac{1}{2}$ cup Pasta Pizza Hotdish (wg WD), $\frac{1}{4}$ cup Carrot /Peas, Fresh Fruit $\frac{1}{4}$ cup	27 Oatmeal, Hard Boiled Egg, Fruit, Juice Black History Meal Lunch: Special chicken, WG Mac & Cheese, Greens, Corn Bread, peaches

Milk is offered for Breakfast and Lunch Daily (1% or Chocolate)

Salad Bar Daily – Pork Free – Whole Grain Items

If you have any questions or concerns about the menu, please contact Shannon (shannong@thejourneyschool.org)

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