

# January Menu TJS 2026

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1 NO SCHOOL</b>	2 NO SCHOOL	<b>3 NO SCHOOL</b>
5 Bagel, Grape Smoothie, & Peaches  Lunch: Chicken Patty Sandwich, Chef's Blend Veggies, Fruit Cocktail	6 Pancakes, Turkey Sausage, pears, Juice  Mashed Potatoes w/Gravy, Meatballs, Roll, Applesauce	7 Scone, Apple/Orange Smoothie, & Pineapple  Lunch: Taco on W/G Tortilla, Black Beans, Corn, Mandarin Oranges	8 Turkey Sausage, Biscuit, Banana & Juice  Lunch: Orange Chicken, Cilantro Lime Rice, Broccoli, Apple Slices	9 Parfait, granola & Gold fish Cracker. & Juice  Lasagna Roll, Garlic Toast, Brussel Sprouts, Fruit
12 Cinnamon Roll, Pear & Orange Smoothie, & Peaches  Lunch: Baked Chicken, Red Beans, Rice, Greens, Fruit Cocktail	13 Pancakes, Turkey Sausage, Applesauce, Juice  Lunch: Fish Sticks, Green beans, Pears	14 Muffin, Raspberry Peach Smoothie, & Mandarin Oranges  Lunch: Hamburgers on W/G Bun, Sweet Potato fries, Pineapple	15 French Toast, Turkey Bacon, Fresh Fruit & juice  Lunch: Pasta Pizza Hotdish, Carrots/Peas, Orange Slices	16 Breakfast Pizza, Hashbrown, Mixed Fruit & Juice  Lunch: Corn Dog, Broccoli & Cauliflower Salad, Mixed Fruit
<b>19 NO SCHOOL</b>	20 Pancakes, Turkey Sausage, pears, Juice  Lunch: Grilled Cheese Sandwich, Chicken Noodle Soup, Applesauce	21 Chocolate Chip Muffin Pineapples, & Strawberry & Banana Smoothie  Lunch: Tater Tot, W/G Roll, Mandarin Oranges	22 Biscuit (WD), Pineapple $\frac{1}{2}$ cup  Lunch: Pizza (DWS) 1 slice, $\frac{1}{4}$ cup Peas, & Mango $\frac{1}{4}$ cup  Snack: Veggies 4 oz and Cheese sTick (D) 1 oz	23 WG Breakfast Burrito, Hash brown, Fruit, Juice  Shredded Beef, ColeSlaw, Mixed Fruit
26 Cereal, Mango Pineapple Smoothie, & Fruit Cocktail  Lunch: Chicken BBQ Wrap, Sweet Potato Tot, Peaches	27 Pancakes, Turkey link, Plum, Juice  Lunch: Mac& Cheese, Peas, Pears	28 Scone, Mandarin Oranges, Smoothie  Lunch: Burrito Bowl, Navy beans, Corn, wg Spanish Rice, Pineapples	29 French Toast, Turkey Bacon, Fresh Fruit, Juice  Lunch: Turkey w gravy, Mashed Potatoes, wg roll, sliced oranges	<b>30 NO SCHOOL</b>

Milk is offered for Breakfast and Lunch Daily (1% or Chocolate)

Salad Bar Daily --- Pork Free --- Whole Grain Items

If you have any questions or concerns about the menu, please contact Shannon ([shannong@thejourneyschool.org](mailto:shannong@thejourneyschool.org))

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